



# Play Where You Stay

## Return-to-Play Guidelines

May 20, 2020

Play Where You Stay is dedicated to protecting the health and safety of all players, coaches and parents. The purpose of this document is to provide them information they can use to assist them in developing their return to training programs within the context of COVID-19. All these recommendations follow the State of Tennessee, Shelby County and Tennessee State Soccer Association rules and procedures.

### Club Responsibilities:

- Create and distribute protocols to its members—players, parents, and coaching staff.
- Train and educate all staff on protocols and requirements, including state and local regulations, CDC recommendations, and other necessary information.
- Develop plans for temporary closure of indoor facilities and cancel outdoor activities or camps to properly disinfect and ensure other adult leaders or youth are not infected.
- Provide adequate field space for social distancing.
- Provide hand sanitizing stations and waste receptacles at fields.
- Follow the COVID-positive action plan:
  - In case a player tests positive:
    - Notify all teammates, parents of teammates, and coaches of the COVID-positive player immediately
    - The coach is encouraged self-quarantine for 14 days and cannot coach or interact with players for the 14 days following their last contact with the COVID-positive player
    - Cancel practices and trainings for 14 days following the most recent practice that included a COVID-positive player
  - In case a coach tests positive:
    - Notify all of the coaches' players and parents of players immediately
    - Cancel practices and trainings for 14 days following the most recent practice that included a COVID-positive coach
    - Any other PWYS coach that had come into contact with the COVID-positive coach in the previous 14 days will be encouraged to self-quarantine and is not allowed to attend any PWYS practice, event, or

training for the 14 days following most recent contact with a COVID-positive coach

## **Player Responsibilities:**

- Wash hands thoroughly before and after training.
- Bring and use hand sanitizer at every training.
- Wear a mask before and immediately after all training.
- Do not touch or share anyone else's equipment, water, snack, or bag.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, no high 5's, hugs, handshakes, etc.
- You will get a ball, you will put your name on it and you will bring to every practice—we will not have extra balls at practice.
- If you or someone at home is experiencing symptoms like fever, cough, chest tightness, fatigue, or lack of taste/smell, please do not come to practice.

## **Coach Responsibilities:**

- Ensure the health and safety of the athletes.
- Inquire how the athletes are feeling, send them home should you believe they act or look ill.
- Follow all state and local health protocols.
- Ensure all athletes have their individual equipment (ball, water, bag, etc.)
- Coach is the only person to handle equipment.
- Encourage all training outdoors and ensure social distancing per state or local health guidelines.
- Wear a face mask when not actively coaching and maintain social distance requirements from players based on state and local health requirements.
- The use of a scrimmage vest or bibs is not recommended at this time.
- If you or someone you live with is experiencing symptoms like fever, cough, chest tightness, fatigue, or lack of taste/smell, coaches must notify Bernardo so that a temporary replacement coach can be secured.

## Parent Responsibilities:

- Ensure the child is healthy and check their temperature prior to any training session.
- Limited or no carpooling.
- Stay in the car or adhere to social distance requirements, based on state and local health guidelines. When at trainings, wear a mask outside your car.
- Ensure child's clothing is washed after every training session.
- Ensure all equipment, cleats, ball, shin guards, etc. are sanitized before and after every training.
- Notify the club immediately if your child becomes ill for any reason.
- Do not assist the coach with equipment before or after training.
- Be sure your child has necessary sanitizer with them at every training.

**If you have any questions or need to report a COVID-19 case in the program:**

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